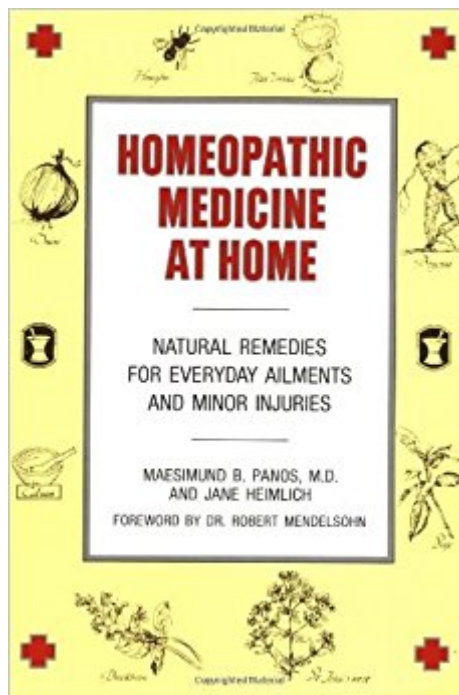




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Homeopathic Medicine At Home: Natural Remedies For Everyday Ailments And Minor Injuries



Synopsis

Homeopathic Medicine at Home This one-volume compendium of homeopathic information includes the history of homeopathy, an explanation of its principles, and advice on dosage. A full pharmacopoeia of natural remedies for common ailments and injuries, it also contains sections on homeopathy for children and pets. It covers the history and use of homeopathy in the home. It covers a wide variety of aspects of illness and homeopathy and chapters cover the following: What is Homeopathy? A Homeopathic Physician at Work Your Home Remedy Kit What to Do for Accidents In Case of Emergency How to Prevent and Treat Colds, Coughs and Earaches Remedies for Stomach and Bowel Problems A Happier Baby with Homeopathic Care Your Growing Child What Homeopathy Can Do for Women Keeping Your Pets Healthy Remedies and their Abbreviations Mini-Repertory Materia Medica

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Customer Reviews

I have been studying homeopathy for 30 years & when I do not have time to fully repertorize an illness (which is almost NEVER these busy days) this book is my first resource. It seems to cover most acute illnesses & is especially good for treating colds, flu, stings, gas, teething problems, sore throats, etc....I would like to see a better cross-referenced Index, but the numerous charts supplied somewhat make up for this short-coming - making it pretty easy to locate the problem/illness without too much difficulty. It also contains a nice little Materia Medica in the back -- so if you can't decide between several remedies this will help narrow the choice as it gives the specifics for the remedy as opposed to the main part of the book which gives the recommended remedies for the illness. I often

back it up with Everybody's Guide to Homeopathic Medicines by Dana Ullman - but if I had to choose only one book to purchase I would go with the book I am reviewing. Another small short-coming of the book is it doesn't cover CELL SALTS as completely as needed (although, to be fair, no "quick-guide" homeopathic book does - with any depth anyway). which is why I would recommend the companion book by Dr. Skye Weintraub: Natural Healing with Cell Salts . Personally, I have found cell salts to work extremely well in conjunction with homeopathic remedies.

As the mother of two small children, I find this book quite helpful. It is a general overview of homeopathy and provides enough detail that I can handle common problems on my own. It includes sections on the following subjects: 1. What is homeopathy? 2. A homeopathic physician at work 3. Your homeopathic remedy kid 4. What to do for accidents 5. In case of emergency 6. How to prevent and treat colds, coughs and earaches 7. Remedies for stomach and bowel problems 8. A happier baby with homeopathic care 9. Your growing child 10. What homeopathy can do for women 11. Keeping your pets healthy The appendixes include the following: * Remedies and their abbreviations * Mini-repertory * Materia Medica * Pharmacies carry homeopathic remedies (this section is somewhat out of date as it does not list any online sources) Chapter 8, with its section on teething and the remedy chamomilla alone is worth the price of the book. I was first introduced to homeopathy when my first born was teething. He had been crying and sleeping only for brief periods for days. I gave him a dose of a remedy containing chamomilla, and he immediately stopped crying and fell asleep. I was amazed! I also frequently refer to chapter 6 during cold season. The section on croup is quite good, explaining when to use each of the most commonly needed remedies. One thing I didn't like about the book is how she talks about the same subject more than once, for instance fever in 3 different chapters. In one chapter she gives the remedies for a fever and in another chapter she says just to let it run unless it gets to 105 degrees Fahrenheit or more, and if that is the case, call your doctor.

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